

**Notice – New IDBF Crew Composition Rules for 2019
Clubs participating in Pan Am Races will be required to adhere to
these crew composition gender rules**

MIXED CREW REQUIREMENTS:

Standard Boat Crews – The crew must consist of a minimum of 8 and maximum of 10 paddlers of either gender. Drummers and Helms can be of either gender.

Small Boat Crews – The crew must consist of a minimum of 4 and maximum of 5 of either gender. Drummers and Helms can be of either gender

The following table shows the composition of crews

Standard boat

| | |
|---------------------------------------|-------------------------------------|
| 10 male paddlers / 10 female paddlers | + drummer and helm of either gender |
| 10 male paddlers / 9 female paddlers | + drummer and helm of either gender |
| 9 male paddlers / 10 female paddlers | + drummer and helm of either gender |
| 10 male paddlers / 8 female paddlers | + drummer and helm of either gender |
| 8 male paddlers / 10 female paddlers | + drummer and helm of either gender |
| 9 male paddlers / 9 female paddlers | + drummer and helm of either gender |

Small boat

| | |
|-------------------------------------|-------------------------------------|
| 5 male paddlers / 5 female paddlers | + drummer and helm of either gender |
| 5 male paddlers / 4 female paddlers | + drummer and helm of either gender |
| 4 male paddlers / 5 female paddlers | + drummer and helm of either gender |
| 4 male paddlers / 4 female paddlers | + drummer and helm of either gender |